

International Tournament

Bündner Kantonsmeisterschaft

Grisons Cantonal Championship

April 18 – 19 2020, Domat/Ems



Organization

Verein Rhythmische Gymnastik Domat/Ems (RG Ems)

- Marco Stalder, President of the Organizing Committee
- Claudia Schüller, Technical Organization
- Franziska Zürcher, Judges Organization

Preliminary Schedule

- Saturday, 18 April 2020
 - Technical meeting (approx. 08.15h)
 - Start Competition (approx. 09.00h)
 - Medal ceremony (after competition)
- Sunday, 19 April 2020
 - Technical meeting (approx. 08.15h)
 - Start Competition (approx. 09.00h)
 - Medal ceremony (after competition)

Categories & registration

- Registration required **until 29 February 2020** the latest (see <https://rgform.eu/menu.php?akcia=KS&country=SU>)

The host reserves the right to limit the number of participants.

Individuals	A	B	C
Seniors	2004 and older Three apparatus by choice proposition	2004 and older Two apparatus by choice proposition	2004 and older One apparatus by choice proposition
Juniors	2005 / 2006 / 2007 Three apparatus by choice propositions for juniors	2005 / 2006 / 2007 Two apparatus by choice propositions for juniors	2005 / 2006 / 2007 One apparatus by choice propositions for juniors
Pre-Juniors	2008 / 2009 Three apparatus by choice propositions for juniors	2008 / 2009 Two apparatus by choice propositions for juniors	2008 / 2009 One apparatus by choice propositions for juniors
Children	2010 / 2011 Two apparatus by choice BD min 3 (6 highest count) S min 1 R max 2	2010 / 2011 One apparatus by choice and one without apparatus BD min 3 (6 highest count) S min 1 R max 2	2010 / 2011 Without apparatus BD min 3 (6 highest count) S min 1 R max 2
Mini	2012 and younger One apparatus by choice and one without apparatus BD min 3 (6 highest count) S min 1 R max 2	2012 and younger Without apparatus BD min 3 (6 highest count) S min 1 R max 2	

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Location

- Freizeitanlage Vial, CH-7013 Domat/Ems (Navi: 46.829857, 9.434630)



Awards / Medal ceremony

- Individual performances
 - All gymnasts receive certificates
 - Medals for 1st through 3rd place in each category
- Grison Cantonal Champion
 - Medal for the Grison Cantonal Champion ("Bündner Kantonsmeister") in each category

Music

- All music (1:00 to 1:30 min) must be recorded in MP3 format and uploaded on KSIS **until 8 March 2020**.

Judges

- Each delegation must present at least one judge for the first 10 gymnasts; for additional gymnasts, a second judge has to be nominated. There will be a penalty of CHF 100 if judges will not be nominated and/or do not show up at the competition
- Lunch will be offered to the judges during competition

Entry fee

- CHF 35.00 / gymnast. A refund of the entry fee in case of absence / non-appearance can only be made after presentation of a medical certificate / attestation.
- Bank details:
 - IBAN CH52 0077 4000 3639 3120 2
 - BIC (Swift) GRKBCH2270A (Graubündner Kantonalbank, Chur)
 - In favour of Verein Rhythmische Gymnastik Ems, CH-7012 Felsberg

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Hotels

Below a selection of hotels in Chur (approx. 10-15 min. drive to the venue). Booking of the rooms is the responsibility of the delegations.

	<p>Hotel Sommerau Emserstrasse 4 CH-7000 Chur www.sommerau.ch Phone: +41 (0)81 258 61 61 Mail: kontakt@sommerau.ch</p>
	<p>CITY WEST Hotel Restaurant Events Comercialstrasse 32 CH-7000 Chur www.citywestchur.ch Phone: +41 (0)81 256 55 00 Mail: welcome@citywestchur.ch</p>
	<p>Hotel ibis Chur Richtstrasse 19 CH-7000 Chur http://all.accor.com/de/city/hotels-chur-v0884.shtml Phone: +41 (0)81 252 60 60 Mail: H1720@accor.com</p>

If required, Claudia Schüller (see contact person) may be called to arrange for group accommodations.

Miscellaneous

- Medical services will be provided in the gym by the host and its respective staff.
- All delegations are responsible for providing sufficient insurance coverage (injury/illness) for their members.
- Professional photography (Dániel Pálhegyi) and live online results will be available during the competition.

Contact person

Questions? Please don't hesitate to contact Claudia Schüller by phone (+41 (0)79 834 14 24) or by e-mail (claudiaschueller@bluewin.ch).